

AETNA CALLING SHEET

Business Name: Marley Nutrition and Fitness

NPI: 1861028920

Phone: 469-300-1392

Address: 6136 Frisco Square Ste 400 Frisco TX 75034

Address: 1855 Wesley Ste A Prosper, TX 75078

Dietitian: Marley Carnes

Benefits are same despite which provider you choose or are referred to

Call the member services phone number on the back of your insurance card.

I'm calling to check benefits for **preventative** nutritional counseling and I have the procedure and diagnosis code when you are ready.

If asked if related to a medical condition such as diabetes please answer "no". Even if you have the condition our sessions are billed as a no cost preventive service.

Procedure code: **97802, 97803**

Diagnosis code: **Z71.3, Z72.4** (Healthy weight BMI), and if applicable **E66.3** (overweight BMI) or **E66.9** (obesity BMI).

Number of visits depends on BMI. Find your BMI by searching the web for BMI calculator.

1. Is this provider in network? ____

a. If No you may still have coverage. Ask for out of network benefits to be checked

2. Does my deductible apply? ____

3. Is there a copay for this preventative visit? ____

4. Is a referral or pre-authorization required? ____

5. How many visits am I allowed per calendar or contract year? ____

6. Are there any exclusions or limitations? ____

7. Can I get a call reference number? _____

Most Aetna plans allow nutritional counseling at no cost and no referral.

Healthy weight: 10 visit total, Overweight: 16 total, Obesity: 26 total visit per year.

This tip sheet is NOT intended to replace verifying your benefits. Unpaid claims are the patient's responsibility despite the benefits quoted.

BLUE CROSS/ANTHEM CALLING SHEET

Business Name: Marley Nutrition and Fitness

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I'm calling to check benefits for **preventative** nutritional counseling and I have the procedure and diagnosis code when you are ready.

If asked if related to a medical condition such as diabetes please answer "no". Even if you have the condition our sessions are billed as a no cost preventive service.

Procedure codes: **97802** (initial visit), **97803** (follow-up visit)

Diagnosis code: **Z-71.3** (dietary counseling)

1. Is this provider in network? ____

a. If No you may still have coverage. Ask for out of network benefits to be checked

2. Does my deductible apply? ____

3. Is there a copay for this preventative visit? ____

4. Is a referral or pre-authorization required? ____

5. How many visits am I allowed per calendar or contract year? ____

6. Are there any exclusions or limitations? ____

7. Can I get a call reference number? _____

Most BCBS/Anthem plans nutritional counseling at no cost and no referral and unlimited visits.

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CIGNA CALLING SHEET

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Address: 1855 Wesley Ste A Prosper, TX 75078

Dietitian: Marley Carnes

Benefits are same despite which provider you choose or are referred to

Call the member services phone number on the back of your insurance card.

I'm calling to check benefits for **preventative** nutritional counseling and I have the procedure and diagnosis code when you are ready.

If asked if related to a medical condition such as diabetes please answer "no". Even if you have the condition our sessions are billed as a no cost preventive service.

Procedure code: **99404** (preventative visit)

Diagnosis code: **Z71.3** (dietary counseling)

1. Is this provider in network? ____
 - a. If No you may still have coverage. Ask for out of network benefits to be checked
2. Does my deductible apply? ____
3. Is there a copay for this preventative visit? ____
4. Is a referral or pre-authorization required? ____
5. How many visits am I allowed per calendar or contract year? ____
6. Are there any exclusions or limitations? ____
7. Can I get a call reference number? _____

Most Cigna plans nutritional counseling at no cost and no referral and unlimited in person and 2-3 virtual visits.

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UNITED HEALTHCARE/UMR CALLING SHEET

Business Name: Marley Nutrition and Fitness

NPI: 1861028920

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Address: 1855 Wesley Ste A Prosper, TX 75078

Dietitian: Marley Carnes

Benefits are same despite which provider you choose or are referred to

Call the member services phone number on the back of your insurance card.

I'm calling to check benefits for **preventative** nutritional counseling and I have the procedure and diagnosis code when you are ready.

If asked if "Is this visit related to diabetes?" please answer "no", even if you have diabetes our sessions are billed as preventive.

Procedure codes: **97802** (initial visit), **97803** (follow-up visit)

Diagnosis codes: **Z71.3** (healthy weight), **E66.3** (Overweight BMI), **E66.9** (Obese BMI),

Find your weight status by searching the web for BMI calculator. Number of visits depends on BMI.

1. Is this provider in network? ____
 - a. If No you may still have coverage. Ask for out of network benefits to be checked
2. Does my deductible apply? ____
3. Is there a copay for this preventative visit? ____
4. Is a referral or pre-authorization required? ____
5. How many visits am I allowed per calendar or contract year? ____
6. Are there any exclusions or limitations? ____
7. Can I get a call reference number? _____

Most UHC plans nutritional counseling at no cost and no referral and unlimited visits.

ALL OTHER INSURANCES

Business Name: Marley Nutrition and Fitness

NPI: 1861028920

Phone: 469-300-1392

Address: 6136 Frisco Square Ste 400 Frisco TX 75034

Address: 1855 Wesley Ste A Prosper, TX 75078

Dietitian: Marley Carnes

Benefits are same despite which provider you choose or are referred to

Call the member services phone number on the back of your insurance card.

I'm calling to check benefits for **preventative** nutritional counseling. I have the procedure and diagnosis code to check when you are ready.

Procedure codes: **97802** (initial visit), **97803** (follow-up visit)

Diagnosis code is **Z-71.3** (dietary counseling)

1. Is this provider in network? ____
 - a. If No you may still have coverage. Ask for out of network benefits to be checked
2. Does my deductible apply?
3. Is there a copay for this preventative visit?
4. Is a referral or pre-authorization required?
5. How many visits am I allowed per calendar or contract year?
6. Are there any exclusions or limitations?
7. Can I get a call reference number?

Most plans cover nutritional counseling at no cost and no referral and unlimited visits.

Aetna, Cigna-Virtual and self funded plans may have limitations.

ALL HMO and Medicare plans require a referral prior to your visit.

This tip sheet is NOT intended to replace verifying your benefits. Unpaid claims are the patient's responsibility despite the benefits quoted.

WE TAKE MEDICARE NO NEED TO CALL



PHONE: 469-300-1392



FAX: 469-545-0621



EMAIL: info@marleynutrition.com

Medical nutrition therapy is covered by Medicare and Medicare Advantage plans:

Diabetes

Non-dialysis kidney disease,

36 months post-kidney transplant

A referral from your primary care doctor is required.

Medicare Allows:

(1) new patient visit (90 minutes long)

(3) follow-up visits (30 minutes each)

Unlimited visits with an additional referral

Book an appointment at:

www.MarleyNutrition.com or call 469-300-1392.